

## How to make a Colonial Knot

You can use floss or pearl cotton, single or double strand.



Bring the needle up where you want to place your Colonial Knot. Pull the thread taut in your left hand. Position the needle, point down, parallel to your thread.



Still holding the thread in your left hand and the needle in your right, bring the needle to the left side of the thread. Go under the thread, then....



Turn the needle in your right hand so that the point of the needle is to the left, perpendicular to the thread and horizontal to you.



Twist the thread around the needle as desired, just as you would for a French knot.



Place the needle at the point where the thread comes up from your background.



Hold the base of the thread tightly in place and pull the needle thru the knot.



Voila! A perfect Colonial knot!